

Building a **Second Brain** with Claude Code and Obsidian

Steffi Kieffer

Claude Code Meetup Munich, 11. Feb 2026

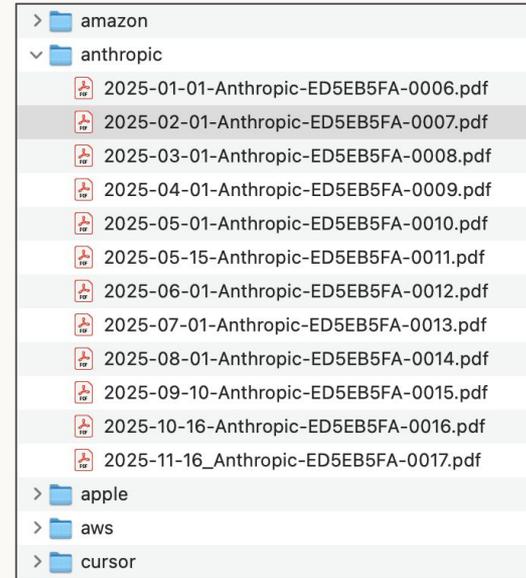


When AI Moved into My Files

My messy files



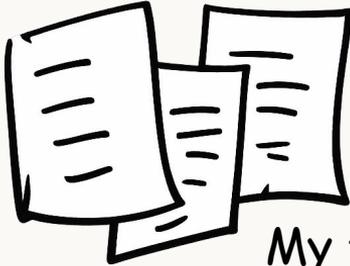
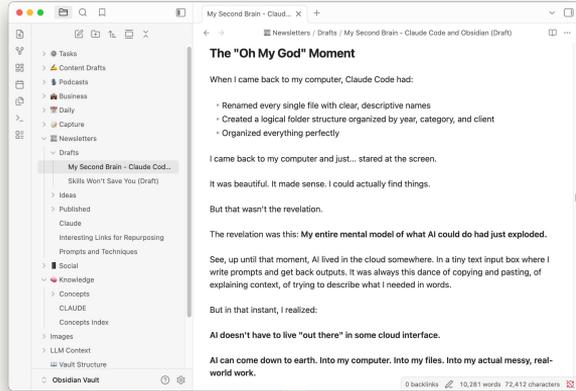
...beautifully organized



Imagine a system that...

- Turns your **messy brain** dumps into **organized knowledge** - automatically
- Keeps your daily **tasks aligned** with your **long term strategy**
- **Knows everything** you've ever written and finds **connections** you missed

The Setup



My files

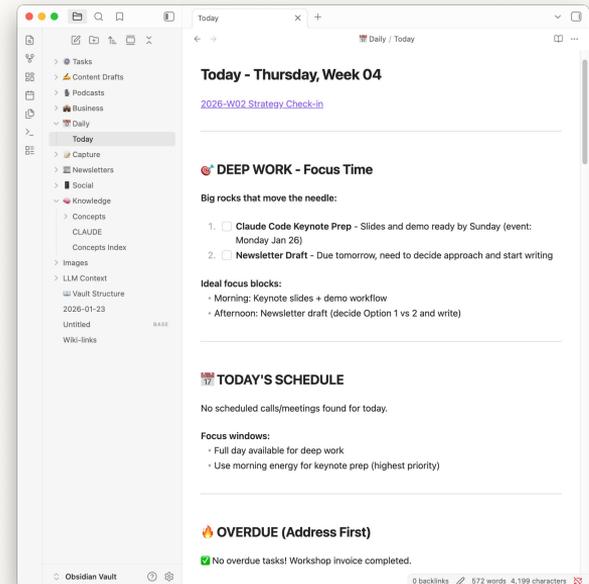
My Daily Workflow

Me: /today

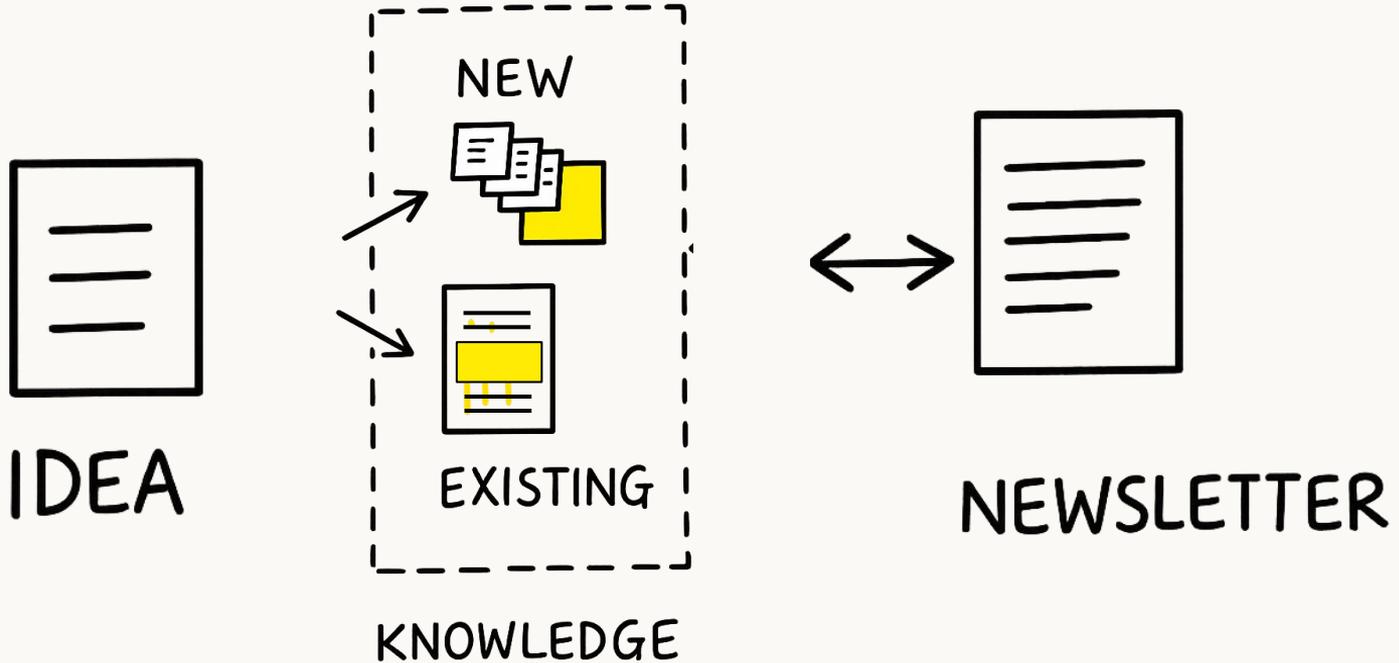
Claude:

1. Reads notes in my Capture folder
 - reads context for biz strategy
 - checks tasks
2. Organizes everything:
 - Tasks → Tasks folder
 - LinkedIn draft → Content folder
 - Metrics → Business dashboard
 - Random thought → Knowledge base

3. Creates Today.md:



The Knowledge System



The Context System

```
CLAUDE.md

# Global Claude Code Instructions

## Vault Purpose
Steffi's second brain for AI content creation (newsletters, podcasts, concepts,
business strategy).

## How Steffi and Claude Work Together

**Pronoun convention:** Use "Steffi" and "Claude" instead of "I/you/me/my" in
CLAUDE.md files to avoid ambiguity.

### Planning protocol:
- **Always plan before implementation**
- Discuss overall strategy before implementation or making changes
- Ask clarifying questions one at a time so Steffi can give complete answers
- Get approval on the approach before implementation
- Read relevant files before making assumptions
- Ask clarifying questions when genuinely uncertain
- **Multi-level planning**
- Plan at the high level (overall project goals and flow)
- Then plan at the task level (specific file or details)
- Implement the plan only after both levels are planned and approved

## Folder-Specific Instructions
When working in these folders, read the folder's CLAUDE.md first:
- 📁 Tasks/CLAUDE.md - Daily workflow, Capture processing, "today" command
- 📁 Knowledge/CLAUDE.md - Writing workflow, Concepts Index usage, index
maintenance
```

...

```
## Context Files (Load On-Demand Only)
Check `/_LLM Context/context/INDEX.md` for available reference files. Load only
files relevant to current task.
```

Global **CLAUDE.md** file

Principle: Global file **stays minimal.**

Context loads only when relevant.

How Claude "knows" me:

/LLM Context/

- writing-voice.md ← How I sound
- business-context.md ← My audience, goals
- how-to-work-with-steffi.md ← My preferences

+ Folder-specific instructions:

- /Tasks/CLAUDE.md ← "today" command
- /Knowledge/CLAUDE.md ← Concept handling
- /Newsletters/CLAUDE.md ← Writing workflow

The Magic

- The output is always a **file**
- **Fluid** way of working (flow state)
- Context grows **organically**

Everyone says the same thing. Hard to explain...



Lessons Learned

Ignore everything I've just said.

Just get started.

Steffi Kieffer - Insanely Human

“Insanely Human” Podcast, Substack, The AI Retreat

